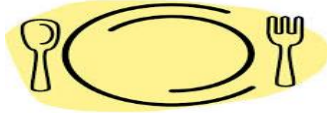


Dining Opportunities



Dominican's Recipe Box Cafe

3 course healthy meals by nutrition science students.

Thursdays. Cost: \$10/person, incl. coffee & tea.

Dinners start promptly @ 5:30 pm & end @ 7:00 pm;
mid-September – mid-November.
Lunches start promptly @ 11:30 am & end @ 1:00 pm;
mid-February – mid-April.

Reservations required: recipeboxcafe@dom.edu or
(708) 524-6690. Info: www.dom.edu/recipe-box-cafe

Dine at Café 64- Triton College

Café 64 is home to Triton College's culinary arts program whose students cater to diners' tastes for a one-of-a-kind dining experience.

Cost: from \$6-\$9

Lunch: served 11:30 a.m. - 1 p.m., Tues and Thurs
Dinner: available 5:30 - 7 p.m., Wednesdays
(when Triton is in session)

Questions: please call (708) 456-0300, Ext. 3267.

Bakery at Triton

Triton's Hospitality Department runs a fully operational retail bakery that also serves as a culinary laboratory for Hospitality students. The Bakery sells a variety of fine baked goods, and accepts special orders in person or via phone.

Triton College Bakery, B Building
Tuesday-Friday, 11 a.m.-2 p.m.
To order from the bakery, call
(708) 456-0300, Ext. 370

Our classes meet a number of needs for those over 50 including needs related to health & wellness, personal enrichment & enjoyment and retraining opportunities to remain competitive in the job market.

-- Triton College

The 60+ college program is a non-degree track program designed for enrichment and pursuit of special interests.

-- Concordia University



Oak Park Township Senior Services
130 S. Oak Park Avenue
Oak Park, IL 60302
(708)383-8060

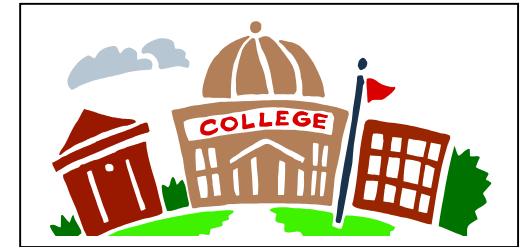
www.oakparktownship.org

River Forest Township
8020 Madison Street
River Forest, IL 60305
(708)366-2029

www.RiverForestTownship.org

Transportation available in
Oak Park and River Forest areas,
Monday-Friday, 8am-3pm.
Call (708)383-4806 to reserve
at least 24 hours in advance.

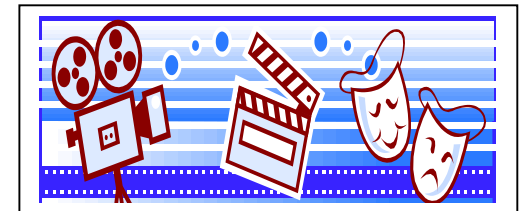
This brochure is provided as a courtesy and is not an endorsement, recommendation, or a complete list of services.



Local Educational, Cultural & Recreational Opportunities

for

Senior Adults



**Concordia University
Dominican University
Triton College**

Concordia University

7400 Augusta St., River Forest, IL 60305
(708) 771-8300

Educational Opportunities

Adults 60 years of age or older may register for undergraduate classes at a reduced rate of \$33 per credit hour for audit only (no credit).

Please contact (708) 209-3439
for additional information and registration.

For current catalog of classes please visit:
www.cuchicago.edu/academics/catalog



Cultural & Recreational Opportunities

Lectures, film festivals, sporting events, concerts & performances

Some programs are free of cost or offer reduced rates for seniors.

Please visit:
www.cuchicago.edu/community/for-adults

Featuring the Arts, Athletics, News & Worship Opportunities

Dominican University

7900 W Division St., River Forest, IL 60305
(708) 366-2490

Educational Opportunities

Lectures & mini-courses are offered through the Siena Center.

For current catalog of classes and events please visit:

www.events.dom.edu/siena-center



Cultural & Recreational Opportunities

Lectures, film festivals, sporting events, concerts & performances

Please visit:
www.events.dom.edu

Featuring Performing Arts Center, St. Catherine of Siena Center & Campus Events

Box Office: (708) 488-5000

Seniors receive \$5 off concerts.

Triton College

2000 5th Ave., River Grove, IL 60171
(708) 456-0300

Educational Opportunities

Residents of the Triton College district who are 60 years of age or older may register for credit classes at reduced rates any time during regular registration periods.

The reduced tuition rate is \$6.00 per semester hour for Arts & Science and Career Education courses and holds whether the student takes the course for credit or chooses to audit.

Senior citizens over the age of 60 are also entitled to a waiver for the semester registration fee.

For current catalog of classes please visit:
www.triton.edu/collegecatalog/index.htm

Some classes are also offered at reduced rates for in-district older adults through the continuing education program.

Please visit:
www.triton.edu/ce



Cultural & Recreational Opportunities

Lectures, film festivals, sporting events, concerts & performances

Some programs are free of cost or offer reduced rates for seniors.

Please visit:
www.triton.edu/News-and-Events