



Suicide Safe Resources

THRIVE Counseling Center Crisis Team: 708.383.7500

Support 4 U: 844.670.5838

(District 90 text SAFE, District 97 text HOPE, District 200 text CARE)

NAMI: 708.383.5092 (Drop-in center: 708.524.2582)

The Living Room: 708.582.6463

National Suicide Prevention Lifeline: 800.273.8255 (TALK)

National Suicide Hotline: 800.784.2433 (SUICIDE)

Northwestern Memorial Hospital Suicide Hotline: 312.962.8100