

Strengthening Families Program

Come join us for a fun-filled 11-week parenting/family relationship skill-building class for your entire family!



Are you
interested
in having?

- More loving family relationships? Better communication?
- Less arguing, more respect, and less stress?
- Better-behaved kids? That help around the house?
- More school success? More responsible?
- Smart kids who avoid alcohol & drugs?

Come Tuesdays

Starting: February 25, 2020

Ending: May 12, 2020

Time: 6 p.m.- 8 p.m.

**Location: River Forest Community Center
8020 Madison St. River Forest, IL 60305**

CALL AHEAD TO REGISTER

708.410.0615

(Mention SFP in Oak Park)

**Invite your kids' friends' parents
to come too. They'll thank you!**

- Classes open to families with children ages **7-17 years of age**.
- Childcare provided for younger children and transportation is available if needed.
- Delicious dinner provided. —One night less of cooking dinner!
- Program proven to work— is taught in all 50 states and 36 foreign countries
- **No cost to you!** ...plus your kids will learn skills to help them all the rest of their lives.
- Must reside in Oak Park or River Forest. (Proof of residency is required, such as ID or Utility Bill.)

Services provided by AMITA Health and sponsored by the Community Mental Health Board of Oak Park

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