



JULY ACTIVITIES

FREE FOR PARENTS OF YOUNG CHILDREN • FREE CHILDCARE!

Please RSVP to oakparkprograms@newmoms.org or 773.252.3253 x221

Please Note: Parenthesis is now New Moms. New Moms' Oak Park office will continue the legacy of Parenthesis by providing critical family support services in the near western suburbs of Chicago.

Parent Creativity Mornings: Create and Connect

Join us to explore your creative side! Watch and participate in arts and crafts demonstrations, learn new techniques, or just sit back and color. As we embrace summer, feel free to use tin cans we will supply to make flower pots. Supplies will be available or bring your own embellishments! If you are an artist or craftsperson, a stay at home professional, or work part time, this is a great opportunity to network. All attendees are welcome to bring extra materials for using or sharing. Limited free childcare is available, RSVP today to oakparkprograms@newmoms.org!

Friday, July 7, 2017 AND Tuesday, July 18, 2017 from 9:30 am – 11:00 am

Facilitated by: Jessica Brekher, B.F.A., M.Ed.

Location: New Moms, 405 S Euclid Ave., 2nd Floor in Oak Park

Workshop: Financial Literacy for Everyone

Come learn how to use your money as a tool to give you the freedom to live the life you want to live. Andrea de Fraga, a Business Management professor at Chicago's Columbia College, will show you how money can be a powerful resource to reach big personal goals and that handling finances is something that everyone can learn, no matter their age or life stage! Limited free childcare is available, RSVP today to oakparkprograms@newmoms.org.

Monday, July 17, 2017 from 6:30 – 7:45 pm

Facilitated by: Andrea de Fraga

Location: New Moms, 405 S Euclid Ave., 2nd Floor in Oak Park

Workshop: Sensory Sensitivities - Why is My Child Out of Sorts?

How do I know why my child is out of sorts? Is it behavior, a sensory issue, or something else? This session will look at sensory and environmental triggers that may result in confusing behaviors in children. We will also talk about situational triggers that may be upsetting to your child. Bring your questions and concerns and let's explore. Limited free childcare is available, RSVP today to oakparkprograms@newmoms.org!

Friday, July 28, 2017 from 10:00 - 11:00 am

Facilitated by: Rachel Wood, M.A.T., CCC SLP/L

Location: New Moms, 405 S. Euclid Ave, 2nd Floor in Oak Park



JULY ACTIVITIES

ENJOY SOME FREE TIME! • FIND A NEW ACTIVITY!

Please RSVP to oakparkprograms@newmoms.org or 773.252.3253 x221

Please Note: Parenthesis is now New Moms. New Moms Oak Park office will continue the legacy of Parenthesis by providing critical family support services in the near western suburbs of Chicago.

Give Yourself a Break with Morning Parent Meet Up!

Join us every Monday and Thursday morning so your children (infant through 6 years old) can learn and play in our developmentally appropriate classrooms while you do the same in our Parent Parlor! Enjoy the Wi-Fi and work, do online errands, listen to music, or read. You can also chat with other parents and caregivers and take advantage of our parent programming. Contact oakparkprograms@newmoms.org and mention this newsletter for a complimentary first visit and tour.

Each session is \$25 per visit for one child, or \$30 per visit for two or more children. Scholarship funds are available to those who qualify. RSVP and non-refundable, pre-payment required.

****Extra Special Event on Monday, July 10! ****

Morning Parent Meet Up will get a visit from the OPPL Book Bike!

Mondays and Thursdays, 8:30 am – 11:30 am

Location: New Moms, 405 S Euclid Ave, 2nd Floor, Oak Park

Community Connections

Baby and Toddler Yoga with Ahimsa

Brought to you by the Oak Park Main Library, 834 Lake St, Oak Park, in the First Floor Storytime Room.

Tuesday, July 11, 2017 from 11:00 am – 11:30 am

Join a yoga instructor from Ahimsa Yoga to learn yoga poses to share with your baby and toddler. For ages 0-2 with caregiver. Registration required for this free program. Visit oppl.org to register.

Storytime at the Magic Tree Bookstore

Brought to you by the Magic Tree Bookstore, 141 N Oak Park Ave, Oak Park.

Wednesday, July 12, 2017 at 11:00 am

Stories, songs and crafts for the wee ones. Parents and caregivers are invited to bring preschoolers and up to this fun, free storytime.