

Strengthening Families Program



On Tuesdays

Starting: October 1, 2019

Ending: December 17, 2019

Time: 6 p.m.- 8 p.m.

**Location: River Forest Township
8020 Madison St, River Forest, Illinois**

CALL TO REGISTER

708.410.0615

(Mention SFP in Oak Park)

- ◆ Participate in a 12 WEEK program with your entire family.
- ◆ **You Will Learn...**
 - **Effective Parenting Skills**
 - **Healthy Communication**
 - **How to Resolve Conflicts**
 - **Stress Management Skills**
 - **How to Set Limits**
- ◆ Open to families with children ages **7-17 years of age**.
- ◆ Dinner is provided.
- ◆ Childcare and transportation is available if needed.
- ◆ At no cost to families that reside in Oak Park or River Forest.
- ◆ Proof of residency is required, such as Government issued ID or Utility Bill.

Distribution of information by a community group in accordance with District 97 policy does not imply, directly or indirectly, that the group's program(s), event(s) and/or service(s) is sanctioned, sponsored or endorsed by the district, the Board of Education or the superintendent."