

THRIVE TALKS

Speaker Series: Inspiring Healthy Families

Presented by Thrive Counseling Center

7:00 p.m. — 8:30 p.m.

Oak Park Public Library, Main Library, Veterans Room
834 Lake Street, Oak Park, IL 60301

TALK #1: January 31, 2019

Creating a Peaceful Family with Steven Parker, LMFT

TALK #2: February 21, 2019

Social Media and Technology: The Effect on Families with Heidi Hamernik, PhD and Isaac Lopez, LCSW

TALK #3: March 21, 2019

Caring for Family Members Living with Dementia: Navigating the Ambiguity with Darby Morhardt, PhD, LCSW

TALK #4: May 9, 2019

A Family Member with Mental Illness: Help, Healing and Reasons for Hope with Marian Sassetti, MD, FAAFP

All THRIVE TALKS are open to the public and free of charge.

For questions please contact Monique Slater at m Slater@thrivecc.org or 708.383.7500 x322

<https://www.thrivecc.org/thrive-talks/>



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