

Intellectual/Developmental Disability Services Virtual Resource Fair

Tuesday, March 12, 2024
6:00 – 7:30 PM



WELCOME

The purpose of today's event is to provide information and resources from local agencies to learn how they support students with intellectual/developmental disabilities and their families through services including:

Case Management

Day Programs

Job Training

Recreation

Respite

Transportation

Clinical Services

Evaluations/Assessments

Parent/Caregiver Support

Residential Services

Summer Camps

Assistive Technology

Partnering to convene today's event: CMHB, RFT, D97, D200, and D90

A few reminders

- ▶ This event is being recorded.
- ▶ Please mute yourself except during Q&A time.
- ▶ Feel free to use the chat feature for comments/questions.
- ▶ Please let us know you are here by checking in:



<https://forms.gle/7VmiH1M2JLaKuJ9D9>

Slides/additional resources will be shared with emails entered

Today's program

- Each organization will provide a brief overview of their programs and services, referral process, and contact info.
- There will be time for Q & A following the presentation.
- Slides will be shared attendees who provide emails.

Behavioral Learning Center

Best Buddies

Community Support Services

Dynamic Lynks

Oak Leyden

Opportunity Knocks

OPT Transportation

PACTT Learning Center

Riveredge Hospital

Smart Love

Thomas Clark Law

Thrive

UCP Seguin of Greater Chicago

W.S.S.R.A.





BEHAVIORAL LEARNING

SCIENCE + HEART

BEHAVIORAL LEARNING



Individual Counseling

- Outpatient online program
- Neuro-affirming support for individuals with a wide-range of diagnoses and needs
- Specialize in supporting individuals who identify as neurodivergent (e.g., Autism Spectrum Disorder, ADHD, Intellectual Disability)
- Ideal for folx who communicate with words and may need additional visual supports



Parent | Caregiver Support

- Supporting parents and families with communication
- Better understand your child's diagnosis
- Parent coaching and problem solving in the moment
- Self-care coaching
- Short-term caregiver counseling



Adult Day Services

- Serving adults 18+ Monday-Thursday
- Clinical behavior analysis and counseling services
- Emotional regulation integrated with activities of daily living
- Individual and group learning
- Small learner to trainer ratio (1:4)
- Located in Oak Park

*We accept Blue Cross Blue Shield of Illinois, Medicaid, and DHS Waiver



BEHAVIORAL
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BEHAVIORAL LEARNING

KEY CONTACTS:

Website: WWW.BEHAVIORAL-LEARNING.COM

*Fill-out the “**Connect with us**” online form

Email: Info@behavioral-learning.com

Call or Text: (866) 727-1194

Meet Alison (Ali) Beauvais Carris.
Founder, first point of contact for services



Best Buddies



Friendship

Builds friendships between people with and without IDD, offering social opportunities while improving the quality of life and level of inclusion for a population that is often isolated and excluded. Friendship programs can operate in elementary, middle, and high schools. Our citizens program is designed for adults out of school to participate in friendships!



Integrated Employment

Secures jobs for people with IDD, allowing them to earn an income, pay taxes, and continuously and independently support themselves. Participants who are over 18 can qualify for this program!



Leadership Development

Educates and empowers people with and without IDD to become leaders, public speakers and advocates. Our ambassador program is open for participants of ALL ages.

Currently accepting referrals to all programs!



Best Buddies

Key Contacts

Friendship Program

Name: Roxana Handell

Email: roxanahandell@bestbuddies.org

Leadership Program

Name: Abby Gustafson

Email: abigailgustafson@bestbuddies.org

Jobs Program

Name: Nicolette Cuttell

Email: nicolettecuttell@bestbuddies.org



Community Support Services, Inc.

- Programs: Community Day Services, Community-Based Services, Supported Employment, Residential Services, Clinical Services
- Community Day Services- Day Program
- Community-Based Services- Respite (Voucher and township), Medicaid Waiver Services, Community Programs
- Supported Employment- Job Coaching, Job Development
- Residential Services- CILA, Independent CILA & Supported Parenting
- Clinical Services



Community Support Services, Inc.

Key Contacts

Name: Susan Amparan- Community Health and Outreach Coordinator

Email: samparan@cssservices.org

Phone Number: 708.354.4547 Extension 109



Dynamic Lynks

Dynamic Lynks is a music therapy center, using music and movement to facilitate skill development in individuals of all ages through inclusive and affirming client-centered strategies. They provide individual and group music therapy sessions, as well as accessible voice, piano, guitar, ukulele, string, and percussion lessons. Dynamic Lynks emphasizes client education and support through their comprehensive sessions and groups. They are conveniently located in downtown Oak Park.

- **Individual Music Therapy**

- Music Therapy sessions at Dynamic Lynks use a client-centered approach to spark lasting change in the mind-body connection. Through integrating music therapy techniques with current best practices, we help our clients reach their fullest potential in an effective and engaging way!

- **Early Childhood Groups**

- Parent & child groups focus on learning through play! Children will practice social, cognitive, & communication development through instrument play, story-telling, singing, and sensorimotor fun. Prepare to rock and roll with your little one while fostering development in a unique way!

- **Social Groups**

- Our team harnesses the power of play to support functional skill development through exciting musical experiences. Social groups focus on building levels of play, focusing on reciprocal and collaborative play through music. Children will learn social strategies, regulation tools, communication skills, and so much more through musical play with peers and therapists who celebrate their strengths!

- **Teen Programs**

- Dynamic Lynks' groups for teens and young adults to meet, find community, and build connections through music. Participants will learn a variety of strategies to support their social motivations, grow their toolkit for regulation, and build confidence through active music-making.

- **Summer Camps**

- Our summer programs are designed for individuals of all ages and abilities! After submitting your registration form, a team member will reach out to make sure Dynamic Lynks is the best therapeutic and recreational environment for your child through a free interview. You can learn more at www.dynamiclynks.com/camp

Dynamic Lynks is currently accepting referrals with limited availability for 1:1 sessions and openings in the following groups: The Link Up (ages 14-19), Pre-Social Dynamics (ages 3-5).



Dynamic Lynks

Key Contacts

Name: Alyssa Stone, Clinical Director

Email: alyssa@dynamiclynks.com

Phone Number: (708) 620-2373



Oak Leyden

Oak Leyden serves children and adults with intellectual and developmental disabilities and delays and their families by providing individualized therapy, education, housing, job placement, and comprehensive services.

- Community Living Services (Community-based homes with 24/7 care for adults)
- Lifelong Learning (Life, Social/Emotional, and Vocational Skills)
- Supported Employment Program (Secures competitive employment for our clients)
- Children's Services (Multidisciplinary Evaluations, Early Intervention for kids 0-3, Clinical Therapy options including Developmental, Occupational, Physical, Speech and Language, and Behavioral.)
- Parent Education and Family Support Activities



Oak Leyden

Key Contacts

Name: Sandy Vanoskey, Senior Director of Adult Services

Email: svanoskey@oak-leyden.org

Phone Number: 708-524-1050 ext 201

Name: Melissa Ehmann

Email: mehmann@oak-leyden.org

Phone Number: 708-524-1050 ext 107



Serving Oak Park & River Forest Communities

Transportation Services

- People age 60+ and age 18-59 with disabilities can register to utilize the service
- Curb-to-Curb, Shared Ride Service
- Reservation Hours: Monday-Friday 8:30am -1:30pm
- Advance Notice: 24 hours up to 1 week in advance to schedule a ride,
First come first served - based on availability
- Hours of Bus Operation: 7:45am to 4:00pm
- Suggested \$1 Donation per ride
- Lift Equipped Vehicles - Wheelchair accessible
- Registration can be done over the phone
- Service Area: Oak Park and River Forest AND hospitals in surrounding area



Senior & Disability Services

Key Contacts

Name: Lori Strong Transportation Manager

Email: lstrong@oakparktownship.org

Phone Number: (708) 383-4806

Name: Yvette Dotson Dispatcher

Email: ydotson@oakparktownship.org

Phone Number: (708) 383-4806



Opportunity Knocks

- OK Programs
 - Our dynamic, person-centered and community-based day program engages the voice of all Warriors, thrives on interdependent connections, encourages exploration, centers on holistic wellness and fosters healthy relationships. Activity offerings vary and evolve with Warrior input
- Enterprise
 - Our enterprise thrives in a blended work environment where people with all varieties of ability work together to run a successful food-based business. The Knockout Enterprise features three connected initiatives: the Knockout Farm, Knockout Pickles, and Knockout Catering
- Walk 2 Run
 - We believe in the importance of wellness. We are committed to building total wellness in mind, body and spirit. Walk to Run Club is one of our featured initiatives in the pursuit of Warrior Wellness. Come lace 'em up with us as we walk, roll and run our way to Warrior Wellness.*(when you discuss please be sure to tell us the eligibility criteria and whether you are currently accepting referrals)*



Opportunity Knocks

Key Contacts

Name: Kim Meares, Program Director for OK Programs

Email: kim@opportunityknocksnow.org

Phone Number: 773-899-6157

Name: Anna Kellar, Program Coordinator, OK Programs

Email: anna@opportunityknocksnow.org

Phone Number: 618-616-5908

Name: Sam Kehoe, Program Coordinator, OK programs

Email: sam@opportunityknocksnow.org

Phone Number: 708-341-5537

PACTT

*Connecting people with autism
to the community*

PACTT Learning Center

- Learning Center- Therapeutic Day School
- Children's Group Home
- Adult CILAs
- Adult Day Program

PACTT

*Connecting people with autism
to the community*

PACTT Learning Center

Key Contacts

Name: Anna Rokicki

Email: arokicki@pactt.org

Phone Number: 773-858-6254

Name: Lisa Fegert

Email: lfegert@pactt.org

Phone Number: 773-338-9102 ext. 2222



Riveredge Hospital

- Intellectual or Developmental Disabilities Program: Inpatient Behavioral Health Program for Adults
 - Comprehensive behavioral assessment and evaluation
 - Creative Arts interventions include Dance/Movement Therapy, Art Therapy, and Music Therapy
 - Group and milieu behavioral programming
 - Collaborative discharge planning

(12-bed unit serving those who are in acute crisis due to mental illness, emotional distress or destructive behavior patterns.)



Riveredge Hospital

Key Contacts

Name: Intake and Assessment Department

Phone Number: 708-209-4181 – 24hours a day, 7 days a week

Name: Rickey Schwartz

Email: Rick.Schwartz@uhsinc.com

Phone Number: 708-990-2009

SMART LOVE.[®]

FAMILY SERVICES

Smart Love

- Child, Adolescent & Adult Psychotherapy
- Parent Guidance and Coaching
- Therapeutic Tutoring
- Post-Secondary Futures Program
- Neuropsychological & Academic Testing

SMART LOVE.[®]

FAMILY SERVICES

Smart Love

Key Contacts

Name: Nancy Ponton

Email: intake@smartlovetfamily.org

Phone Number: 773-665-8052 ext 4



Thomas Clark Law

- Attorney with practice focused on Special Needs Trusts and Guardianships
- Special Needs Trusts – Allow parents to leave money to children without affecting access to Social Security and Medicaid Benefits
- Guardianships – Assist parents to obtain guardianship for their adult children and to determine whether powers of attorney are a more effective option
- Family Trusts and Wills – Allow parents to control distributions to their entire family, while avoiding the expense and delay of probate.
- Currently Accepting Referrals. Free Consultation. Happy to meet in your home.



Thomas Clark Law

Key Contacts

Name: Thomas Clark

Email: tom@thomasclarklaw.com

Phone Number: 708-990-5374



Thrive Counseling Center

- The mission of Thrive is to build healthy minds, families, and communities by empowering people to attain mental and emotional well-being. Hope, resilience, and recovery are the heart of our programs and services. Our programs include:
- 24/7 Mental Health Crisis
- Counseling Services
- Psychiatric Services
- Trauma Clinic for Adults
- Suicide Prevention/Awareness



Thrive Counseling Services

Key Contacts

Name: Nora Rodriguez

Email: nrodriguez@thrivecc.org

Phone Number: (708) 617 - 2517



UCP Seguin of Greater Chicago

SERVICES PROVIDED

- Community Day Services *
 - Community Employment *
 - Residential - Community Integrated Living Arrangements (CILA group homes)
 - Residential - Intermittent CILA
 - Weekend & In-Home Respite *
 - Building Bridges to the Future (transition from school to adulthood services) *
 - Home-Based Support Services
 - Adult Recreation Program *
 - Children's Foster Care
 - Assistive Technology & Accessibility Services
 - Ininitec
 - Assistive Technology Exchange Network (ATEN)
 - Ramp Up
 - Durable Medical Equipment (DME)
- * Funded in part through CMHBOPT and/or River Forest Township



UCP Seguin of Greater Chicago

Key Contacts - Adult Services

Name: Therese Giefer - Director of Admissions, CMC/QIDP

Email: tgiefer@ucpseguin.org **Phone Number:** (844) 222-0042

Name: Laura Gonzalez - Director of Transition Services

Email: lgonzalez@ucpseguin.org **Phone Number:** (708) 303-8480



West Suburban Special Recreation Association

WSSRA provides therapeutic recreation programs for individuals with disabilities, of all ages and ability levels. Through WSSRA, residents can participate in year-round programming specifically designed to meet their individual needs. WSSRA serves the communities of Berwyn, Elmwood Park, Forest Park, Franklin Park, Harwood Heights, Melrose Park, Norridge, Northlake, North Riverside, Oak Park, River Forest and Riverside.

Programs Include:

- Seasonal Programs & Special Events
- Summer Day Camp (ages 3-21)
- Community Cruisers Adult Day Program (ages 22 and older)
- Imaginarium Sensory Room
- Lekotek Toy Lending Library Program



WSSRA

West Suburban Special Recreation Association

Key Contacts

Name: Carla Slotarski, Program Manager

Email: carlas@wssra.net

Phone Number: 847-455-2100 x219

Name: Noly Hernandez, Registrar

Email: nolyh@wssra.net

Phone Number: 847-455-2100 x222

Hablamos Español

THANK YOU FOR JOINING US!

- ▶ Please remember to check-in to let us know that you were here and to receive resources by email:
- ▶ Questions?



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Debbie Lubeck
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