

FOREST PARK SENIOR NEWS

HOWARD MOHR COMMUNITY CENTER

7640 JACKSON BLVD.

FOREST PARK, IL 60130

708-771-7737

RORY HOSKINS, MAYOR

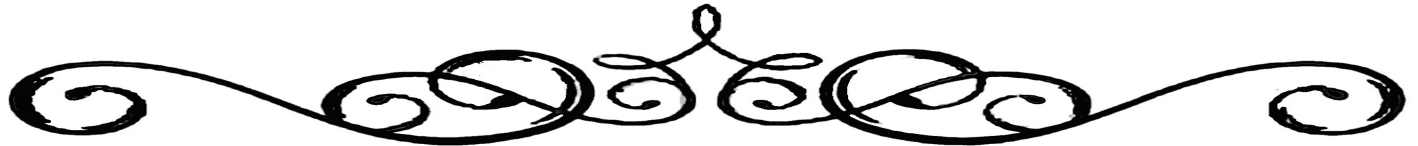
Karen Dylewski, Director

Brenda Powers, Assistant Director

January

February

2023



Welcome to 2023! The Chinese New Year celebrates the year of the Rabbit which is a lucky year for most people. Things are recovering and life will get better soon. Take advantage of this in 2023 and you will have a good chance of success in the year ahead!

We begin January exploring and learning about the Library system in our community. This is a FREE tour with lunch to follow at the Center. The next step in January is to celebrate Chinese New Year with a delicious lunch at Hing Kee Restaurant in the heart of Chinatown followed with a bus tour of Chinatown and a Chinese silk fan painting lesson.

February brings us into a season of indoor activities with colder temperatures and that beautiful glistening snow! Snow and ice really can be beautiful! (Especially if are watching it fall from inside your home) First, we travel to Navy Pier for lunch and a show at the Chicago Shakespeare Theater. Wuthering Heights is a story of love, revenge and redemption. We will dine at the famous Jimmy Buffett Margaritaville and finish off lunch with their famous Key Lime Pie. Next, we will travel back to New Buffalo, Michigan to the Four Winds Casino. Come along and test your luck!

Wishing you all a wonderful and happy 2023! Looking forward to all the new adventures ahead!

Karen & Brenda



...DON'T FORGET...

Monday	Shopping Trader Joes
Tuesday	Senior Club meets 9am – 1pm
Wednesday	Shopping Jewel
Thursday	Shopping Ed'sWay
Friday	Walmart *Walmart shopping can also be scheduled Monday, Wednesday, Thursday*



Shopping trip pick up begins at **9:30am**. Call the Center to schedule.

Pace Transportation

Please call the Center at least 24 hours before your scheduled appointment. Cost is \$1.00 per ride. Coupons are available for purchase. 708-771-7737

Senior Exercise Reservations required. (must have at least 5 people)

Tuesday - 1:00pm January 10, 24, 31, February 7, 14, 21, 28

Senior Bingo

Thursday, January 19th and February 23rd. Stay tuned for our menu and pricing. Registration is required.

Senior Movie

There will NOT be a movie in January. Thursday, February 9th – “Where the Crawdads Sing”
Popcorn is served! If you need a ride and live in Forest Park, please call the Center. Reservations for the Movie are NOT required.

Are You OK Program

If you live alone, please consider signing up for this program. It is FREE to Forest Park residents and offered by the Forest Park Police Department.

❖ *Payment for trips are due on or before date noted. Programs may be cancelled if minimum is not met.*

❖ *No refunds of trips unless we are able to find someone to take your place*

❖ ***ALWAYS BRING YOUR MASK AND PROOF OF VACCINATION***

COVID Procedures for Theaters: We will confirm current protocols prior to the show as they may change based on evolving guidance.

If a mask and vaccination card ARE required, we will notify you.

DAY TRIPS

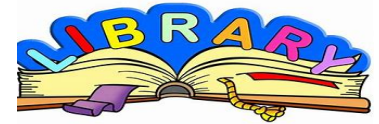
Level of walking:



January 11th Wednesday Explore Your Library

How well do you know your neighborhood library? The Forest Park Library has a lot of hidden treasures, helpful services and special programs for seniors. Come explore the Library with old and new friends. Tour and Lunch included. Tour of Library begins at 10:00am. We will meet in the Austin Room at the Library and then head to the Howard Mohr Community Center for lunch.

Cost is **FREE**. Reservations must be made by Friday, December 30th



Center Bus Pick-up is 9:00am. Leave for Library at 9:30am Approximate end time is 1:00pm

Level of walking:



January 25th Wednesday Celebrate Chinese New Year

Chinese “Lunar” New Year is a very exciting time in the Chinese culture. This annual 15-day festival in China and Chinese communities around the world begins with the new moon that occurs sometime between January 21 and February 20 according to Western calendars. Festivities last until the following full moon. Lunch at Hing Kee Restaurant, a bus tour of Chinatown followed by a Silk fan painting lesson to celebrate the Year of the Rabbit. Lunch is served family style that includes a beverage, appetizer, dessert and many entrees to choose from.

Cost is \$ 95.00 (Resident) - \$ 98.00 (Non-Resident)

Min 25/ Max 35 Payment due by Friday, December 30th

Center Bus Pick-up is 10:00am. Leave at 10:30am. Approximate return is 4:30pm



Level of walking:



February 8th Wednesday Chicago Shakespear Theater

We travel to see Wuthering Heights at Chicago Shakespear Theater on Navy Pier.

Filled with music and dance, groundbreaking director Emma Rice transforms Brontë's novel into a passionate and powerful theatrical experience. The wild moors of Yorkshire are the setting for an epic story of love, revenge, and redemption. An orphaned Heathcliff is adopted by the Earnshaws and taken to live at Wuthering Heights—where he finds a kindred spirit in Catherine and, as they grow up together, a fierce love ignites between them. When forced apart, a brutal chain of events is unleashed. Lunch before at Margaritaville at Navy Pier.

Meal: All include Assorted Soft Drinks and Key Lime pie for dessert

Your choice of:

1. Cheeseburger in Paradise: signature burger with American cheese, lettuce, tomato and pickle. Served with French fries
2. Jimmy's Jammin' Jambalya: Cajun rice loaded with shrimp, chicken and Andouille sausage simmered in a spicy broth
3. Landshark Fish & Chips: Hand dipped in Landshark batter, fried and served with Jalapeno tartar sauce. Served with French fries and homemade island coleslaw
4. Chicken and Broccoli Pasta: Chicken and broccoli tossed with cavatappi pasta in an alfredo cream sauce, topped with Parmesan cheese



Cost is \$ 120.00 (Resident) - \$ 123.00 (Non-Resident).

Min 25 / Max 35 Payment due: Friday, January 13th

Center Bus Pick-up is 10:00 am Leave at 10:30 am Approximate return to Center is 4:30 pm

Level of walking:



February 22nd Wednesday Four Winds Casino

Join us for 4 hours of premier gaming as we travel to Four Winds Casino in New Buffalo, Michigan. This package includes a \$15.00 instant slot credit, a \$10.00 food credit that can be used at The Buffet, Timbers Fast Food & Deli, Grab N Go or Kankakee Bar & Grill. Round trip transportation will be provided by Starlight Charters.

You must have a valid state id or driver's license and furnish your full name, address, email address and date of birth.

Cost is \$40.00 (Resident) - \$43.00 (Non-Resident).

Min 35/ Max 56 Payment due: Friday, January 13th

Center Bus Pick-up is 8:30 am. Leave at 9:00 am Approximate return to Center 4:15 pm

