Caregiver Support Groups

Oak Park and River Forest Township Senior Services

2nd and 4th Fridays, 10:00 am – 12:30 pm

130 S. Oak Park Avenue, 2nd floor, Oak Park

Contact Steven Smith, 708.383.8060

Concordia University Center for Gerontology

2nd and 4th Mondays, 4:00 pm

Koehneke Community Center, Concordia Campus

Open to River Forest residents, in partnership with River Forest Township

Contact Lydia Manning, 708.209.3218, lydia.manning@cuchicago.edu