

## Aging & Disability Resource Program-Consultations Oak Park & River Forest Townships Senior Services

**Staff** from **Oak Park & River Forest Townships Senior Services** are available for one-on-one consultations to provide assistance with local state and federal programs for seniors. Some of the services they can assist individuals in obtaining are: service coordination and individual case monitoring; Transportation Services; Meal Programs; Caregiver Support; Affordable will preparation; Daily phone checks and monitoring; Home energy assistance; and more. Call now to reserve your appointment with knowledgeable staff.



**Please call to register at  
844-794-4301**

### Two Locations!

**Thursday, January 3<sup>rd</sup> and  
Thursday, January 17<sup>th</sup>**

**10:00 am – 12:30 pm**

River Forest Medical Campus  
7411 Lake St.

River Forest, IL 60305

Building A, Community Room  
Office 1104

**Thursday, January 10<sup>th</sup> and  
Thursday, January 24<sup>th</sup>**

**10:00 am – 12:30 pm**

West Suburban Medical Center  
3 Erie Court

Oak Park, IL 60302

First floor, Room 1062

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