











Arbor West Neighbors

September & October 2019 Events

<p>1. Public Cohousing Meeting-Oak Park Multigenerational Cohousing Tuesday, September 3, 2019 7:00-8:30 pm Oak Park Public Library 1st Floor Community Engagement Room 834 Lake Street Oak Park Come learn about the Cohousing community that AWN has launched in Oak Park</p>	
<p>2. Mix of Minds Discussion Group Monday, September 9, 2019 3:00-4:30 pm Oak Park Public Library 2nd Floor Book Discussion Room 834 Lake Street Oak Park Contact Alex Matthews, msalexmatt@gmail.com, or 708-848-1584, to sign up and for information. Articles: Public Option Health Insurance Pros and Cons https://www.verywellhealth.com/public-option-health-insurance-pros-and-cons-2615248, The Difference Between a 'Public Option' and 'Medicare for All?' https://www.nytimes.com/2019/02/19/upshot/medicare-for-all-health-terms-sanders.html, The Origins And Demise Of The Public Option https://www.healthaffairs.org/doi/10.1377/hlthaff.2010.0363. Facilitated by Stephen Jordan</p>	
<p>3. Sharing Your Legacy Workshop Series 1 Wednesdays, September 18 & 25, 2019 9:30 am-12:00 pm Nineteenth Century Charitable Association 178 N Forest Ave Oak Park \$40 for the Series, \$25 for members of Arbor West neighbors and Nineteenth Century Charitable Association Join Margaret Burk, storyteller and writer, and friends as we learn how to access our memories, write them, and share them in a warm and inviting series of workshops. To register and get information, contact Chris Hauri at chris@white-iguana.com, 708-533-2888.</p>	
<p>4. September AWN Member Meet-Up Friday, September 20, 2019 5:00-7:00 pm 751 Bonnie Brae River Forest Hosted by Chris Hauri AWN members welcome to bring guests who are ready to become members!</p>	

<p>5. Park District of Oak Park Fall Fest Sunday, September 29, 2019 11:00 am-2:00 pm Rehm Park 515 Garfield St Oak Park Oak Park Multigenerational Cohousing will have a booth at the Fest.</p>	
<p>6. Public Cohousing Meeting-Oak Park Multigenerational Cohousing Tuesday, October 1, 2019 7:00-8:30 pm Oak Park Public Library Room TBA 834 Lake Street Oak Park Come learn about the Cohousing community that AWN has launched in Oak Park</p>	
<p>7. Mix of Minds Discussion Group Monday, October 14, 2019 3:00-4:30 pm Oak Park Public Library 2nd Floor Book Discussion Room 834 Lake Street Oak Park Contact Alex Matthews, msalexmatt@gmail.com, or 708-848-1584, to sign up and for information. Article: A New Way to See the Holy Land https://www.smithsonianmag.com/history/two-tour-guides-offer-a-new-way-to-see-holy-land-180972503/. Facilitated by Jane Wood</p>	
<p>8. Sharing Your Legacy Workshop Series 2 Wednesdays, October 16 & 23, 2019 9:30 am-12:00 pm Nineteenth Century Charitable Association 178 N Forest Ave Oak Park \$40 for the Series, \$25 for members of Arbor West neighbors and Nineteenth Century Charitable Association Join Margaret Burk, storyteller and writer, and friends as we learn how to access our memories, write them, and share them in a warm and inviting series of workshops. To register and get information, contact Chris Hauri at chris@white-iguana.com, 708-533-2888.</p>	

Additional senior events can be found at:

Forest Park

<http://www.forestpark.net/dfp/sites/default/files/back/September%20October%202019%20Senior%20news%20letter.pdf>

Oak Park Township <http://oakparktownship.org/senior-services>

River Forest Township <http://riverforesttownship.org/seniorservices.asp>

SCCOPRF Life Long Senior Center <https://www.sccopr.com/>



We support and enrich aging through community building and advocacy.