

COFFEE MONDAYS, 10-11 AM



January 7th

Rahman Burton, the Mobility Outreach Coordinator for the Regional Transportation Authority Chicago, will discuss the RTA programs for older adults and individuals with disabilities and then help those interested over 65 sign up for or renew their reduced fare card.

February 4th

Senior exercise professionals will cover fitness.

WITH SPECIAL GUESTS!

March 4th

This month will feature Caring Transitions and Making the Big Move to help those interested in downsizing or relocating.

April 1st

Maria Brown from the Senior Medicare Patrol at Age Options will discuss prevention of Medicare fraud.

Gather Discover Engage

The first Monday morning of every month come for coffee, breakfast snacks and conversation. It's a great way to get to know your neighbors and library staff!

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Presentations are strictly informational in nature. Speakers and their organizations are not endorsed by the River Forest Township or River Forest Library.

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