



# Oak Park Township Senior Lunch Program

## FEBRUARY 2019

Dining Hours:  
Monday-Friday:  
11:00AM-1:00PM

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <b>TILAPIA W/ BUTTER SAUCE, ALT: CABBAGE ROLLS; SCALLOPED POTATOES, CORN, ROLL, ORANGE, COOKIE</b>
4	5	6	7	8
<b>GERMAN ROAST PORK W/ MUSHROOM GRAVY; POTATO PANCAKE; DILL CARROTS, BISCUIT, FRUIT SALAD</b>	<b>MEXICAN CHICKEN; BEANS, FIESTA RICE, CORN SALAD, TORTILLA, PEACHES</b>	<b>POLISH SAUSAGE W/ BUN; POTATO SALAD, BAKED BEANS, PINEAPPLE</b>	<b>WHITE FISH W/ CITRUS SAUCE, ALT: CHICKEN ITALIANO W/ RED SAUCE; PASTA, ROLL, GREEN BEANS, PEAR</b>	<b>MEATLOAF W/ GRAVY; MASHED POTATO, SUCCOTASH, FRUIT SALAD, ROLL, GRAHAM CRACKER</b>
11	12	13	14	15
<b>LUAU PORK; RICE, PEAS &amp; CARROTS, BEAN SALAD, APPLESAUCE, ROLL</b>	<b>ITALIAN SAUSAGE W/ RED SAUCE; PASTA, GREEN BEANS, BROCCOLI SALAD, FRUIT SALAD, ROLL</b>	<b>SOUTHERN CHICKEN W/ COUNTRY GRAVY; MASHED POTATO, CORN, BISCUIT, ORANGE, OATMEAL BAR</b>	<b>TURKEY POT ROAST; MASHED POTATO, STEW VEGGIES, BEAN SALAD, ROLL, PEARS</b>	<b>CREOLE WHITEFISH, ALT: LEMON CHICKEN; RICE, MIXED VEGGIES, PEA SALAD, FRUIT COCKTAIL, MUFFIN</b>
18	19	20	21	22
<b>PRESIDENTS' DAY HOLIDAY: OAK PARK TOWNSHIP IS CLOSED</b>	<b>PEPPER STEAK; MASHED POTATO, MIXED VEGGIES, BEET SALAD, PEACHES, BUN</b>	<b>PRIME RIB W/ AU JUS; AUGRATIN POTATO, CARROTS, BREAD, FRUIT SALAD</b>	<b>LEMON PEPPER WHITE FISH, ALT: MEATBALLS W/ VODKA SAUCE; PASTA, PEAS &amp; CARROTS, FRUIT JUICE, BREAD, APPLE</b>	<b>ORIENTAL CHICKEN; MIXED VEGGIES, RICE, COLESLAW, ROLL, PEARS</b>
25	26	27	28	
<b>CHICKEN AND SAUSAGE CASSEROLE; RICE, PEAS AND CARROTS, COLESLAW, BREAD, FRUIT SALAD</b>	<b>TILAPIA W/ DILL SAUCE, ALT: TURKEY POT PIE; MIXED VEGGIES, MASHED POTATO, MUFFIN, BANANA</b>	<b>STUFFED PEPPER W/ SAUCE; PASTA, GREEN BEANS, MUSHROOM SALAD, BREAD, APPLESAUCE</b>	<b>BAKED HAM W/ SWEET &amp; SOUR SAUCE; CORN, POTATO, BREAD, GRANOLA BAR, FRUIT COCKTAIL</b>	<b>SUGGESTED MEAL CONTRIBUTION: \$1.50</b>

Menu items are subject to change. Whole Fresh Fruit will be served for diabetic meals as a substitute for dessert. All meals served with 2% or Skim Milk. Oak Park Township Senior Services, 130 S. Oak Park Avenue, Oak Park, (708)383-8060.