

AUGUST LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Turkey burger	2 Breaded beef steak	3 Hot dog on a wheat bun	4 White fish with citrus sauce
7 Pork chop with gravy	8 Southwestern chicken	9 Bratwurst on a bun	10 Chicken with mushroom sauce	11 Tilapia with butter sauce
14 Pesto chicken	15 Vesuvio meatballs	16 Italian sausage	17 Roasted chicken	18 Creole white fish
21 Prime rib	22 BBQ pulled chicken	23 Sloppy Joes	24 Stroganoff meatballs	25 Lemon pepper white fish
28 Chicken cacciatore	29 Smoked ham	30 Chicken with red pepper sauce	31 Smoked Polish sausage	

Oak Park and River Forest Townships Senior Services
130 S. Oak Park Ave., Oak Park, IL 60302

Lunch program open 8:00 AM-2:00 PM Monday through Friday. Lunch served at 11:00 AM. \$1.50/meal suggested donation.

www.oakparktownship.org

