

MARCH 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			MEATBALLS IN VODKA SAUCE, PASTA, MIXED VEGGIES, SALAD, WHOLE GRAIN BREAD, PEACHES	BAKED TILAPIA, ALT: CHICKEN DIVAN, NOODLES, CORN, JUICE, ROLL, FRUIT SALAD
5	6	7	8	9
BEEF TACO, FIESTA RICE, MEXICAN BEANS, TORTILLA, SALAD, PINEAPPLE	CHICKEN AND SAUSAGE CASSEROLE, RICE, PEAS AND CARROTS, CAJUN COLESLAW, WHEAT ROLL, APPLE	ROAST PORK, CORN BREAD STUFFING, CORN, BEET SALAD, BISCUIT, PEARS	MEATLOAF, MASHED POTATO, GREEN BEANS, FRUIT SALAD, WHEAT ROLL, GRAHAM CRACKER	WHITE FISH WITH CAJUN CREAM SAUCE; ALT: CHICKEN ITALIANO, PASTA, CARROTS, WHEAT ROLL, BEAN SALAD, CHERRIES
12	13	14	15	16
BRATWURST, GERMAN POTATO SALAD, GREEN BEANS, ROLL, PEACHES	LEMON CHICKEN, POTATO, MIXED VEGETABLES, ROLL, FRUIT SALAD	CABBAGE ROLLS, AUGRATIN POTATOES, CARROTS, WHEAT ROLL, APPLE, COOKIE	CORNED BEEF WITH CABBAGE, CARROTS, POTATO, SOUR DOUGH ROLL, PEARS	LEMON PEPPER WHITEFISH, ALT: ORIENTAL CHICKEN, MIXED VEGGIES, ASIAN RICE, ASIAN COLESLAW, WHEAT ROLL, PINEAPPLE
19	20	21	22	23
CHICKEN CORN CHOWDER CASSEROLE, PASTA, CARROTS, WHEAT BREAD, BEAN SALAD, ORANGES	SMOKED SAUSAGE ON A WHEAT BUN, POTATO SALAD, BAKED BEANS, FRUIT COCKTAIL	PRIME RIB WITH AU JUS, MASHED POTATO, MIXED VEGGIES, MULTI-GRAIN BREAD, PEACHES	SLOPPY JOES, PEAS, POTATO WEDGES, WHEAT BUN, PEAR	BAKED TILAPIA, ALT: MEATBALLS, MUSHROOMS, PASTA, GREEN BEANS, FRENCH BREAD, PINEAPPLE
26	27	28	29	30
ITALIAN SAUSAGE, PASTA, MIXED VEGGIES, WHOLE GRAIN ROLL, SALAD, APPLES	BAKED HAM, GREEN BEANS, POTATO, RYE BREAD, GRANOLA BAR, CHERRIES	MEATBALLS VESUVIO, VESUVIO POTATO, MIXED VEGETABLES, TROPICAL FRUIT, MULTI-GRAIN BREAD, OATMEAL BAR	MEXICAN CHICKEN, BLACK BEANS, FIESTA RICE, CORN SALAD, TORTILLA, APPLE SAUCE	TILAPIA, ALT: SOUTHERN CHICKEN, COUNTRY GRAVY, CARROTS, BISCUIT, ORANGE, OATMEAL BAR

Oak Park Township Senior Lunch Program along with Georgis Catering - Menu items are subject to change.

Whole Fresh Fruit will be served for diabetic meals as a substitute for dessert. All meals served with 2% or Skim Milk.

Oak Park Township Senior Services, 130 S. Oak Park Avenue, Oak Park, (708)383-8060.

