

OCTOBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 TURKEY TETRAZINI, NOODLES, SPRING VEGETABLES, BEAN SALAD, PINEAPPLE, ROLL	2 MEATBALLS, SPAGHETTI, CARROTS, BREAD, PEACHES	3 HOTDOG, BAKED BEANS, DICED POTATO, ORANGE	4 SMOKED PULLED PORK, BLACK BEANS, CORN CASSEROLE, FRUIT COCKTAIL, BUN	5 LEMON PEPPER WHITEFISH ALT: CHICKEN PICCATTA, GREEN BEANS, ROASTED POTATOES, ROLL, PEARS, OATMEAL BAR
8 CLOSED FOR COLUMBUS DAY	9 POLISH SAUSAGE W/ SAUTEED ONIONS, SCALLOPED POTATOES, PEAS, BUN, FRUIT COCKTAIL	10 BBQ BEEF, SWEET POTATO, BAKED BEANS, BUN, FRUIT SALAD	11 WHITE FISH W/ CITRUS SAUCE, ALT: TURKEY POT ROAST, MASHED POTATO, STEW VEGGIES, BEAN SALAD, ROLL, PINEAPPLE	12 PORK SCHNITZEL W/ GRAVY, SPATZLE DUMPLINGS, RED CABBAGE, BEETS, APPLE, BREAD
15 HAM W/PINEAPPLE GLAZE, CORN, MASHED POTATO, BREAD, GRANOLA BAR, FRUIT COCKTAIL	16 TILAPIA W/ BUTTER SAUCE, ALT: CHICKEN W/ CAJUN CREAM SAUCE, POTATO, NORTHERN BEANS W/ SPINACH, FRUIT SALAD, BUN	17 PRIME RIB W/ AU JUS, MASHED POTATO, GREEN BEANS, ROLL, GRAHAM CRACKER, PEACHES	18 MEATBALLS W/ MUSHROOM SAUCE, BROWN RICE, PEAS AND CARROTS, COLESLAW, ROLL, PEAR	19 ITALIAN CHICKEN W/MARINARA, ROSEMARY POTATO, MIXED VEGGIES, ROLL, PINEAPPLE
22 CABBAGE ROLLS, GARLIC POTATOES, CARROTS, ROLL, PEARS, MUFFIN	23 MEATLOAF, AUGRATIN POTATO, GREEN BEANS, BREAD, SLICED APPLES, MUFFIN	24 TACO BEEF, SPANISH RICE, CORN, SALAD, TORTILLA, ORANGE	25 BBQ MEATBALLS, BROWN RICE, PEAS, VEGGIE SALAD, BREAD, FRUIT SALAD	26 MEDITERRANEAN WHITE FISH W/ LEMON SAUCE, ALT: LEMON CHICKEN, POTATO, MIXED VEGGIES, PINEAPPLE, BREAD
29 BEEF STEW W/VEGETABLES, MASHED POTATOES, BISCUIT, FRUIT SALAD, GRAHAM CRACKER	30 CHEDDARWURST, BUN, POTATO SALAD, CARROTS, PEARS	31 HAMBURGER, CHEESY POTATOES, BAKED BEANS, APPLESAUCE		

Oak Park Township Senior Lunch Program along with Georgis Catering - Menu items are subject to change. Whole Fresh Fruit will be served for diabetic meals as a substitute for dessert. All meals served with 2% or Skim Milk. Oak Park Township Senior Services, 130 S. Oak Park Avenue, Oak Park, (708)383-8060.

