

Meaningful Living

A FREE 8-Week Wellness Group for Older Adults!

Designed to: *enhance quality of life.
*promote meaningful living into older age.
*share and connect with others.

When: Tuesdays, September 24th through November 12th
3:30-4:30pm

Where:

Community Counseling Center of Concordia University Chicago
Christopher Center, Room 263
7400 Augusta Ave., River Forest, IL 60305.
*Parking is available directly in front of building.



Call Township Senior Services at (708) 383-8060 to reserve your spot!
Space is limited to 12 persons per group.
Curb-to-curb transportation is available; please call (708) 383-4806.

