



You're invited! Come learn about the WELLNESS HOUSE, a community where ALL people affected by cancer thrive, including:

- Persons with cancer and post-cancer Rx
- Their families
- Their friends and co-workers

LEARN ABOUT THE MYRIAD WONDERFUL FREE PROGRAMS FOR ALL
All ages welcome.

Join us at:

Coffee Monday: River Forest Library

735 Lathrop, RF

Monday, September 10th, 10 a.m. – 11 a.m.

RF Township and RF Library welcome Kelli Mitchell, The Wellness House

Learn about free exercise, yoga, Reiki, nutrition, art therapy, counseling and all kinds of support (and much more!) available for free for **anyone** affected by cancer.

Wellness
House for LIVING
with CANCER

You'll feel better inside.