



AUGUST 2019 ACTIVITIES

**Oak Park and River Forest Townships
Senior Services**

**130 S. Oak Park Avenue, 1st Floor,
Oak Park, IL 60302**

**One Book One Oak Park -
Discussion with Rashmi**

August 6
11:30 am

Green Home Experts

August 8
11:30 am

Movie Mondays

August 5, 12, 19, 26
11:45 am

Chair Yoga

August 9 and 23
12:30 pm to 1:30 pm

Strength & Balance Class

August 20th
9 am - 10 am

Memory Café

August 20
1:30 pm-3:30 pm

Book Bike

August 22
11 am

Bus Trips—Call 708-383-4806 to reserve a seat
\$1.00 suggested donation per ride

Trader Joe's - August 12 from 1pm-3pm
Jewel River Forest - every Thursday & Friday from 9am-10:30am

Now offering rides to **Oak Park Farmers' Market** at 460 Lake Street!
Curb-to-curb service throughout Oak Park and River Forest
\$1.00 suggested donation

* For a complete list of activities and times,
please call (708) 383-8060 or visit our website
www.oakparktownship.org

