

IMMEDIATE RELEASE

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CAREGIVER SUPPORT GROUP OFFERED

Oak Park, IL- Oak Park Township Senior Services offers a caregiver support group open to all individuals who are caregivers or have been, and with issues they would like to share with others. This ongoing support group is free and meets the **second and fourth Friday of each month from 10:00 to noon** in their **second floor offices at 130 S. Oak Park Ave.**, Participants are afforded the opportunity to share their experiences and provide encouragement through group interaction.

For more information contact **Steven Smith** at Oak Park Township Senior Services **(708) 383-8060**.