

# Programs & Activities June 2019

Programs at West Suburban Medical Center

3 Erie Court, Oak Park, IL, 60302

All programs are free unless otherwise noted\*

## Screenings & Support

### 3 Point Diabetes Screening

(BMI, Glucose, Blood Pressure)

Tuesday, June 4<sup>th</sup>

8:30 – 10:00 am

WSMC, Diabetes Center, Lower Level, L-300

### Aging & Disability Resource Program Consultations

Oak Park & River Forest Townships Senior Services

Thursday, June 13<sup>th</sup> and

Thursday, June 27<sup>th</sup>

10:00 am – 12:30 pm

WSMC, 1<sup>st</sup> Floor, Room 1062

## Education

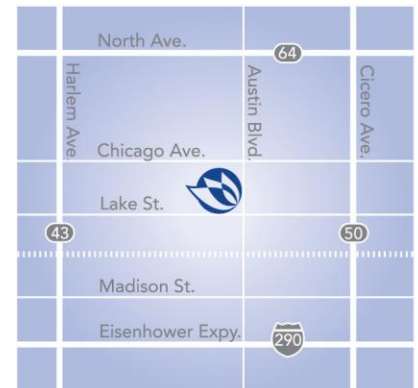
**No Scheduled Learning Café or Nutrition presentations for June.**

**Learning Café and Nutrition presentations will resume in July.**

## Fitness

### Building Balance with Paul

**Registration closed until July through September session.**



### **West Suburban Medical Center**

3 Erie Court

Oak Park, IL 60302

Phone (708) 383-6200

***Please call to register at 844-794-4301***

[www.westsubmc.com](http://www.westsubmc.com)

