River Forest Mental Health Committee

Minutes October 3rd, 2023 at 6:30pm - Zoom & In-Person Meeting

Present: Phillip Buta, Helene Connolly, Angie Grover, Kathryn Schmahl, Kristin Sneeringer, Jessica Starck, MD, Melinda Peterson

Absent: Jonathan Howard, MD, Elizabeth Davies

Staff: Sarah Schwarting, LCSW, Mental Health Administrator

1. Melinda called the meeting to order at 6:30pm and conducted roll.
2. Public Comments:
   * RiverEdge Hospital was represented by Mike Rudolph to share details about their programs.
   * Trauma-informed groups and overall care is offered
   * RiverEdge cares for adults and children
   * RiverEdge offered tours for our committee and expressed interest in partnering to spread the word about the work they’re doing
3. Kristin moved to approve the minutes from September 5th, 2023, Phil seconded and the motion was carried.
4. Township Report from Carla Sloan, read by Helene:
   * Tax Assessments can be appealed at this time
   * The resource guide will be mailed soon
   * The new website is nearing completion
   * Parent University Nov 15th at OPRF
   * Exploring creating a support group for parents of students with IEPs
   * Mahjong for Seniors at the Community Center has been popular
5. Mental Health Administrator Report – Sarah Schwarting:
   * The RF Township was present at LemonAid, the Way Back Inn gala and the CSS donor appreciation event
   * Positive Youth Development is being evaluated for continuation of grant funding
   * Sarah is working with the RF Public Library to develop a list of recommended mental health reading
   * Development of the new township website continues
   * Agencies will be receiving funding applications in November
6. Addiction Recovery Team ­– Melinda Peterson: None
7. Other Updates from MHC Members: None
8. Old Business: None
9. New Business:
   * The committee will move forward with site visits for funded agencies this fall. Sarah will share funding applications with the committee around the end of the year.
   * Melinda expressed interest in the committee visiting RiverEdge Hospital in the new year.
10. The next meeting will be Tuesday, November 7th at 6:30pm at the River Forest Community Center.
11. Melinda motioned to adjourn and Jessica seconded. The meeting was adjourned at 7:15pm.